



Where to Begin Autism Resource Guide

Assessment Providers

Provider	Location	Phone
Associated Clinic of Psychology	Hudson WI	(715) 381-1558
Caillier Clinic	Hudson WI	(715) 377-9500
CDL Psychological Services	Baldwin WI	(715) 684-0986
Caravel Autism Health	Woodbury MN	(612) 431-8276
Midwest Minds	Woodbury, MN	(651) 379-1560
The Bridge Autism Clinic	St. Paul MN	(651) 789-2400
University Specialty Clinic	Minneapolis MN	(612) 626-6000
Fraser	Woodbury MN	(612) 767-7222
Michael Moeller, PhD	North Hudson WI	(715) 386-0856

Visit SpectrumStrong.net for additional resources, family support, and upcoming events.



What else should I know?

Most autism evaluations include:

- Parent or caregiver interview
- Developmental and medical history
- Observation of your child's behavior
- Communication and social interaction assessment
- Standardized autism assessment tools
- Cognitive or developmental testing (when appropriate)
- Review of school and therapy records
- Discussion of strengths and areas of need
- Written diagnostic report
- Recommendations for therapies, school services, and community resources

Evaluations may look different depending on your child's age and individual needs.



Helpful Tips



- ✓ Contact more than one provider to compare wait times.
- ✓ Ask to be added to cancellation lists.
- ✓ Verify insurance coverage before scheduling.
- ✓ Keep copies of referrals and previous evaluations.
- ✓ Bring school records, therapy reports, and medical history.
- ✓ Write down your questions before your appointment.
- ✓ Remember—there is no perfect parent. You're doing an amazing job.

Questions to Ask



- ☐ Do you perform comprehensive autism evaluations?
- ☐ What ages do you evaluate?
- ☐ What is your current wait time?
- ☐ Do I need a referral?
- ☐ Do you accept my insurance?
- ☐ Is there a cancellation list?
- ☐ How long does the evaluation take?
- ☐ What should I bring?
- ☐ When will I receive the written report?
- ☐ Will you provide recommendations for therapies and school supports?
- ☐ Will my child receive a formal diagnosis if appropriate?

You know your child better than anyone. Your voice matters throughout this process.

★ Next Steps After Diagnosis ★

Receiving a diagnosis is the beginning of a journey—not the end.

- ✓ Share the evaluation with your child's pediatrician.
- ✓ Contact your local school district if your child is school-aged.
- ✓ Learn about available therapies such as:
 - Applied Behavior Analysis (ABA), Occupational therapy, Speech Therapy, Physical Therapy, Mental Health Services
- ✓ Apply for Children's Long-Term Support (CLTS) if eligible.
- ✓ Explore county disability resources.
- ✓ Connect with Spectrum Strong for education, advocacy, and family support.
- ✓ Celebrate your child's strengths and remember that progress looks different for every child.